

# TRIAL SUMMER CAMP 2024

	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30-9:00		<i>Start</i>	<i>Start</i>	<i>Start</i>	<i>Start</i>
9:00-9:30		Breakfast	Breakfast	Breakfast	Breakfast
9:30-9:45		READY	READY	READY	READY
9:45-10:00		WARM UP	WARM UP	WARM UP	WARM UP
10:00-13:00	11:00 <i>Hotel Coma Bella</i>	TRAINING	TRAINING	TRAINING	TRAINING
13:30-15:00	Dinar	Dinar	Dinar	Dinar	Dinar
15:00-18:00	TRAINING MECHANICS	TRAINING MECHANICS	ACTIVITY TO BE DETERMINED	TRAINING MECHANICS	15:00 <i>Hotel Coma Bella</i>
18:00-20:00	Swimming pool Snack Stretching - Activities	Swimming pool Snack Stretching - Activities	Swimming pool Snack Stretching - Activities	Swimming pool Snack Stretching - Activities	
20:00-20:45	Shower	Shower	Shower	Shower	
20:45-21:45	Dinner	Dinner	Dinner	Dinner	
22:00-22:45	Night games	Cinema	Night games	TSC AWARDS	
23:00	<i>Off</i>	<i>Off</i>	<i>Off</i>	<i>Off</i>	